



**Teach and Train,** an *individual event*, recognizes participants who demonstrate their ability to explore and experience the career of teaching or training. Participants must prepare a portfolio of the teaching/training career, prepare and execute a complete lesson/workshop plan and an oral presentation. Level 2 and Level 3 participants will also complete a shadowing experience of a "best practices" educator.

#### **EVENT LEVELS**

Level 1: through grade 8 Level 2: grades 9-10 Level 3: grades 11-12

See page 83 for more information on event levels.

#### **ELIGIBILITY & GENERAL INFORMATION**

- 1. Review "Eligibility and General Rules for All Levels of Competition" on page 85 prior to event planning and preparation.
- 2. Level 1: Eligible participants are members who are currently or have been enrolled in a Family and Consumer Sciences child or human development unit or course. Level 2 and Level 3: Eligible participants must be or have been enrolled in a Family and Consumer Sciences course preparing them for careers or employment in the Education and Training or Human Services career pathways.

- 3. The project developed for the Teach and Train event does not have to relate to a Family and Consumer Sciences curriculum area.
- 4. Participant(s) are encouraged to bring fully charged devices such as laptops, tablets, etc., to use for audiovisual or electronic portfolio presentation, if desired.
- 5. Chapters with multiple entries in this event must submit different projects for each entry. All projects must be developed and completed during a one-year span beginning July 1 and ending June 30 of the school year before the National Leadership Conference, and must be the work of the participant(s) only.
- 6. National Leadership Conference participants will view the online orientation video found on the official FCCLA YouTube channel, available in early June. Each entry must complete and submit the required form to the event room consultant at the time of competition. Only one form per entry is required. Contact State Advisers for orientation procedures for competitions prior to National Leadership Conference.

| <b>GENERAL INF</b>                     | ORMATION                           |  |   |                                      |  |  |                                 |                        |
|--|------------------------------------|--|---|--------------------------------------|--|--|---------------------------------|------------------------|
| Number of<br>Participants<br>per Entry | Prepare<br>Ahead of<br>Time        | Equipment<br>Provided  | Competition<br>Dress Code   | Participant<br>Set Up /<br>Prep Time | Room<br>Consultant &<br>Evaluator<br>Review Time | Maximum<br>Oral<br>Presentation<br>Time                          | Evaluation<br>Interview<br>Time | Total<br>Event<br>Time |
| 1                                      | Portfolio,<br>Oral<br>Presentation | Table – yes Electrical Access – no Wall Space – no Supplies - no | Official dress -<br>or-Professional<br>dress<br>appropriate to<br>event | 5 minutes                            | 10 minutes prior to presentation                 | 1-minute<br>warning at 9<br>minutes;<br>stopped at 10<br>minutes | 5<br>minutes                    | 30<br>minutes          |

| <b>PRESENTAT</b> | ION ELEMENT | <b>TS ALLOWED</b> |             |                  |           |                    |       |                           |         |
|------------------|-------------|-------------------|-------------|------------------|-----------|--------------------|-------|---------------------------|---------|
| Audio            | Costumes    | Easel(s)          | File Folder | Flip<br>Chart(s) | Portfolio | Props/<br>Pointers | Skits | Presentation<br>Equipment | Visuals |
|                  |             |                   |             |                  |           |                    |       |                           |         |

### **Procedures and Time Requirements**

|            | ant will submit a <i>portfolio</i> ( <i>hardcopy</i> or <i>electronic</i> ) to the event room consultant at the designated participation time valuators of their chosen career area.  |
|------------|---|
| 5 minutes  | Participant(s) will have 5 minutes to set up for the event. Other persons may not assist.   |
| 10 minutes | Room consultants and evaluators will have 10 minutes to preview the <i>portfolio</i> ( <i>hardcopy</i> or <i>electronic</i> ). The participant must make the electronic portfolio accessible to evaluators.   |
| 10 minutes | The presentation <b>may be up to</b> 10 minutes in length. A one-minute warning will be given at 9 minutes. The participant will be stopped at 10 minutes.  If audio or audiovisual recordings are used, they are limited to a 3-minute playing time during the presentation.  Presentation equipment, with no audio, may be used during the entire presentation. |
| 5 minutes  | Following the presentation, evaluators will have 5 minutes to interview participant(s).   |
| 5 minutes  | Evaluators will have up to 5 minutes to use the rubric to score and write comments for participants.  |

## **Specifications**

### **Hardcopy Portfolio**

The *portfolio* is a collection of materials used to document and illustrate the work of the project. Materials must be contained in the official FCCLA STAR Events binder obtained from the FCCLA national emblematic supplier. A decorative and/or informative cover may be included. All materials, including the *content divider pages*, must fit within the cover, be one-sided, and may not exceed 38 pages, as described below. Divider page tabs may extend up to 1" outside the cover. Once a *hardcopy portfolio* has been turned in to evaluators, participants may not switch to an *electronic portfolio*.

#### **Electronic Portfolio**

An electronic portfolio may be either in PowerPoint, Prezi, or other electronic format that can be viewed by the evaluators and room consultants prior to the oral presentation. The electronic portfolio and the hardware (method) to view it (i.e., equipment, files, projectors, screens, laptops) will be turned in to the room consultant at the designated participation time. Participants assume the responsibility of providing the technology used to show the evaluators the project. Once an electronic portfolio is turned in to the evaluators, participants may not switch to a hardcopy portfolio. Portfolio may not exceed 49 slides, as described below.

| 1-8 ½" x 11" page<br>or 1 slide  | Project Identification Page                      | Plain paper or slide, with no graphics or decorations; must include participant's name(s), chapter name, school, city, state, event name, and project title.  |
|----------------------------------|--|---|
| 1-8 ½" x 11" page<br>or 1 slide  | Table of Contents                                | List the parts of the <i>portfolio</i> in the order in which the parts appear.  |
| 1-8 ½" x 11" page<br>or 2 slides | FCCLA <i>Planning Process</i><br>Summary Page    | Summarize how each step of the <i>Planning Process</i> was used to plan and implement the project; use of the <i>Planning Process</i> may also be described in the oral presentation.   |
| 1 🔲                              | Evidence of Online Project<br>Summary Submission | Complete the online project summary form located on the "Surveys" tab of the FCCLA Portal, and include signed proof of submission in the <i>portfolio</i> .   |
| 0-6                              | Content Divider Pages or Sections                | Use 0 to 6 content divider/section pages or slides. Content divider/section pages may be tabbed, may contain a title, a section name, graphic elements, thematic decorations, and/or page numbers. They must not include any other content. |

# Teach and Train Specifications (continued)

|  | Career Exploration Summary         | Pages or slides that provide detailed research including job description; duties and responsibilities; qualifications; entry-level position and advancement opportunities; and job outlook. Refer to the Career Exploration and Self-Assessment Summary Page instruction sheet.   |
|--|------------------------------------|---|
|  | Self-Assessment Document           | Pages or slides that include examining personal interests, values, aptitudes, skills, personality traits, and learning styles. Refer to the Career Exploration and Self-Assessment Summary Page instruction sheet.  |
| Up to 28<br>8 ½" x 11"<br>pages or<br>38<br>slides | Lesson Plan or Workshop Plan       | Planning: Indicate the topic, grade level, timeframe, FCCLA National Program and Competitive Events integration (if applicable), national Family and Consumer Sciences standards and/or other national standards (as appropriate), and Career Readiness Practices selection(s).  Organization: List all materials needed and describe the instructional strategies used to implement the lesson. Activities: Choose up to three activities to implement the lesson. Describe each activity; include activity timeframe and materials needed. Assessment: Determine the assessment method(s) to evaluate the lesson and include ways to improve content and/or delivery. Other Resources: Develop resources needed to implement the lesson (handouts, etc.) and include them in portfolio as applicable. Sources and Notes: Include specific citations for materials used in lesson and any additional notes, as needed. |
|  | Evidence of Prior Presentations    | Pages or slides that show photos, written evidence, comments, evaluations, thank you notes, etc. that indicate the lesson or workshop was presented and the outcomes, including methods of improvement. Minimum of one presentation required.   |
|  | Evidence of <i>Technology</i> Used | Explain how technology was used to enhance the lesson or workshop planning and/or execution.  |
|  | Works Cited/Bibliography           | Use MLA or APA citation style to cite all references. <i>Resources</i> should be <i>reliable</i> and <i>current</i> .   |
|  | Appearance                         | Portfolio must be neat, legible, and professional and use correct grammar and spelling.   |

### Shadowing Experience (Level 2 and Level 3 Participants Only)

| Shadowing Experiences with a Best Practices Educator | Document experience of shadowing and interviewing an educator who is competent and professionally excellent in selected career field. Include examples of documentation of the shadowing experience. This may include, but is not limited to, written summaries of interviews from business, industry, agency, and organizations personnel; written narrative of job shadowing; and photographs of shadowing experience. This is to be included in the portfolio content pages. |
|--|---|
|--|---|

### **Oral Presentation**

The oral presentation <u>may be up to</u> 10 minutes in length and is delivered to evaluators. The presentation is to describe research and career exploration, and lesson/workshop plan efforts in detail. The portfolio will be used by the participant during the oral presentation.

The portfolio, including the career exploration and self-assessment summary, lesson/ workshop plan, and samples of the equipment, materials or supplies used are permitted to be used as visual aids during the *oral presentation*.

| Organization/Delivery | Deliver oral presentation in an organized, sequential manner; concisely and thoroughly |
|-----------------------|--|
|                       | summarize research.  |

# Teach and Train Specifications (continued)

| Knowledge of Selected<br>Career                               | Present current data and show evidence of knowledge of selected career.  |
|---|--|
| Relationship of Family<br>and Consumer<br>Sciences Coursework | Describe the relationship of Family and Consumer Sciences coursework to selected career. Career does not have to relate to a Family and Consumer Sciences curriculum area.   |
| Use of Portfolio and Visuals                                  | Use <i>portfolio</i> to describe all phases of the project. Use original, creative, and appealing <i>visuals</i> to enhance the presentation.  |
| Voice   | Speak clearly with appropriate pitch, tempo, and volume.   |
| Body Language/Clothing<br>Choice                              | Use appropriate body language including gestures, posture, mannerisms, eye contact, and appropriate handling of notes or note cards if used. Wear FCCLA official dress or professional dress appropriate for the nature of the presentation. |
| Grammar/Word Usage/<br>Pronunciation                          | Use proper grammar, word usage, and pronunciation.   |
| Responses to<br>Evaluator's Questions                         | Provide clear and concise answers to evaluators' questions regarding project. Questions are asked after the presentation.  |



### **Point Summary Form**

| Name of Participant |       |        |           |       |
|---------------------|-------|--------|-----------|-------|
| Chapter             | State | Team # | Station # | Level |

- 1. Make sure all information at top is correct. If a student named is not participating, cross their name(s) off. If a team does not show, write "No Show" across the top and return with other forms. Do NOT change team or station
- 2. Before student presentation, the room consultants must check participants' portfolio using the criteria and standards listed below and fill in the boxes.
- 3. At the conclusion of presentation, verify evaluator scores and fill in information below. Calculate the final score and ask for evaluators' verification. Place this form in front of the completed rubrics and staple all items related to the presentation together.
- 4. At the end of competition in the room, double check all scores, names, and team numbers to ensure accuracy. Sort results by team order and turn in to the Lead or Assistant Lead Consultant.

| OOM CONSULTANT C                | HECK   |   | Point |
|---------------------------------|--|---|-------|
| Registration Packet             | Picked up by adviser or de                       | signated adult during scheduled time                        |       |
| 0 or 3 points                   | No <b>0</b>                                      | Yes <b>3</b>  |       |
| Event Online                    | 0  | 2   |       |
| Orientation                     | Official documentation not provided              | Official documentation provided at presentation             |       |
| Documentation                   | at presentation time or signed by                | time and signed by adviser                                  |       |
| 0 or 2 points                   | adviser 0  | 1   |       |
| Hardcopy Portfolio 0–1 point or | Binder is not the official FCCLA binder          | Binder is the official FCCLA binder                         | İ     |
| Electronic Portfolio            | 0  | 1   | İ     |
| 0-1 point                       | Electronic Portfolio not in viewable             | Electronic Portfolio in viewable format to the              |       |
|                                 | format to the evaluators                         | evaluators  |       |
| Portfolio Pages                 | 0  | 1 2 3   |       |
| 0–3 points                      | Portfolio exceeds the page limit                 | 2 or more errors 1 error no errors                          |       |
|                                 |  | Portfolio contains no more than 38 single-sided             |       |
|                                 |  | pages or 49 slides completed correctly, including:          |       |
|                                 |  | • 1 project ID page or slide                                |       |
|                                 |  | • 1 table of contents page or slide                         |       |
|                                 |  | • 1 Planning Process summary page or 2 slides               |       |
|                                 |  | <ul> <li>Project Summary Submission Proof</li> </ul>        |       |
|                                 |  | <ul> <li>Up to 6 content divider pages or slides</li> </ul> |       |
|                                 |  | Up to 28 content pages or 38 content slides                 |       |
| Punctuality                     | 0  | 1   |       |
| 0–1 point                       | Participant was late for presentation            | Participant was on time for presentation                    |       |
| EVALUATORS' SCORES              |  | ROOM CONSULTANT TOTAL                                       |       |
| valuator 1                      | Initials   | (10 points possible)  |       |
| valuator 2                      | Initials   | AVERAGE EVALUATOR SCORE                                     |       |
| valuator 3                      | Initials   | (90 points possible)  |       |
| otal Score                      | divided by number of evaluators                  | FINAL SCORE   |       |
|                                 | = AVERAGE EVALUATOR SCORE                        | (Average Evaluator Score plus                               |       |
|                                 | Rounded only to the nearest hundredth (i.e.      | ·   |       |
| ATING ACHIEVED (circle          | one) <b>Gold:</b> 90-100 <b>Silver:</b> 70-89.99 | <b>Bronze:</b> 1-69.99                                      |       |
| ·                               | SCORE AND RATING (please initial)                |   |       |



# **TEACH AND TRAIN—Level 1**

# Rubric

| Name of Participant |       |        |           |        |
|---------------------|-------|--------|-----------|--------|
|                     |       |        |           |        |
| Chanter             | State | Team # | Station # | اميروا |

| PORTFOLIO   |  |  |   |  |   |  | Point |
|---|--|--|---|--|---|--|-------|
| FCCLA Planning Process Summary Page                     | 0 Planning Process summary not provided                                | Inadequate steps in  | All Planning Process  | •  | 4<br>Evidence that the  | 5 The Planning Process is  |       |
| 0–5 points  | , .  | are presented  | but not summarized  | d summarized   | Planning Process was utilized to plan project   | used to plan the project.  Each step is fully explained  |       |
| Career Exploration<br>0–5 points                        | <b>0</b><br>Not included   | Research is not current, and missing more than 3 topics  | Research is current<br>but from unreliable<br>sources, missing 1–<br>required topics            | but only partially   | t Research is current<br>appropriate for<br>topic; from reliable<br>sources   | documented correctly,  |       |
| Self-Assessment<br>0–5 points                           | <b>0</b><br>Not included   | Missing analysis of<br>learning or thinking<br>styles, personality<br>traits analysis, and no<br>career value stated                                   | Covers areas of self<br>assessment with<br>limited information<br>o and detail                  | all areas of self-   | ses Examined personal interests in detail, and states career value, and analyzed styles   | interests in detail, clearly states career value, and  |       |
| Lesson/Workshop<br>Plan: <b>Planning</b><br>0–5 points  | of advance   | consideration for ol<br>audience members ac<br>ur  | 2<br>an includes an<br>ojective and shows an<br>dequate<br>nderstanding of the<br>udience       | 3 Plan includes an objective, uses predictable teaching methods, and shows understanding of the audience                               | 4 Plan includes an objective and predictable teaching methods, shows understanding of audience, and indicates a connection to curriculum                      | 5 Plan includes an objective and varied teaching methods, shows understanding of the audience, and completely connects the lesson to curriculum, describes desired outcomes  |       |
| Lesson/ Workshop<br>Plan: Organization<br>0–5 points    | organization   | include an ac<br>introduction and/or ar  | 2<br>an includes an<br>dequate introduction<br>nd conclusion with<br>norganized content         | Plan includes a solid introduction and conclusion, but the content is somewhat unorganized. Includes some effort to include technology | 4<br>Plan follows a logical<br>organization with a<br>creative and effective<br>introduction and<br>conclusion. Includes<br>an effective use of<br>technology | Plan includes a creative, attention getting introduction, excellently placed content and activities, and a solid, effective conclusion. Shows superb effort to maintain audience attention and produce a high level of learning. Includes an effective use of technology |       |
| Lesson/ Workshop<br>Plan: <b>Activity</b><br>0–5 points | <b>0</b><br>No activity included                                       | Activity plans are missing logistical and resource information. The activity is not creative or interestir and does not relate well to lesson/workshop | n. resource information The activity is not   | adequate logistical<br>on. and resource<br>information. Activi<br>not is interesting   | include excellent logistical and  | Activity plans include logistical information and an extensive list of resources. Activity(s) is creative, interesting and enhances the quality of the lesson. All audience members would benefit from the activity  |       |
| Lesson/ Workshop<br>Plan:<br>Follow Up<br>0–5 points    | <b>0</b><br>No follow up was<br>done                                   | 1<br>Outcomes are<br>inadequately stated.<br>No evaluation was<br>used.  | 2 Outcomes are inadequately stated An evaluation method was used, but results are not presented | 3 Outcomes are d. measurable and complete. A single evaluation method was used and results are explained                               | 4 Outcomes are measurable, complete and   | 5 Outcomes are measurable, complete and thoughtfully done. Multiple evaluation methods were used and   |       |
| Evidence of<br>Technology Used<br>0-5 points            | 0<br>No technology used<br>in lesson/workshop<br>planning or execution | 1<br>Technology used to<br>develop or execute<br>lesson/workshop<br>not explained  | Z Technology used to develop or execute lesson/workshop but not explained i portfolio           | e techniques used t<br>develop or execut   | e execute   | 5 Technology used to develop or execute lesson/workshop was explained thoroughly and materials were developed to document project  |       |

# Teach and Train—Level 1 Rubric (continued)

Points

| Works Cited/   | 0  | 1   |  | 2   |   | 3  |  |
|--|--|---|--|---|---|--|--|
| Bibliography   | No resources listed  | Resources are incom   |  |   | · ·   | urrent and reliable resources,   |  |
| ⊢3 points  |  | current, or not reliab  | ole for project st   | yle (see style sheet)   | in MLA or APA sty   | le (see style sheet)   |  |
| Evidence of Prior<br>Presentation<br>0–5 points                              | <b>0</b><br>No prior presentation<br>done  | Participation indicates that the lesson/workshop plan was presented but shows no evidence of the prior presentation | Minimal evidence of<br>prior presentation o<br>the lesson/worksho<br>plan    | f prior presentation of   | f of prior  | Extensive evidence of prior presentation of the lesson/workshop plan. Outcomes are listed and methods of improvement are indicated |  |
| Appearance   | 0  | •   | 1  | 2   |   | 3  |  |
| )–3 points   | Portfolio is illegible and unorganized   | grammatica  | neat, but may contain<br>al or spelling errors<br>nized poorly               | Portfolio is neat, legib<br>professional, with con<br>grammar and spelling                | rrect gramma  | gible, professional, correct<br>r and spelling used with<br>e organization of information  |  |
| ORAL PRESENT   | ATION  |   |  |   |   |  |  |
| Organization/  | 0  | 1 2   | 3 4  | 5 6   | 7 8   | 9 10   |  |
| <b>Delivery</b><br>0 – 10 points   | Presentation is not<br>done or presented<br>briefly and does not<br>cover components<br>of the project | Presentation covers some topic elements   | Presentation covers<br>all topic elements<br>but with minimal<br>information | Presentation gives<br>complete<br>information but<br>does not explain the<br>project well | Presentation covers<br>information<br>completely but does<br>not flow well  | Presentation covers<br>all relevant<br>information with a<br>seamless and logical<br>delivery                                      |  |
| Knowledge of   | 0  | 1   | 2  | 3   | 4   | 5  |  |
| <b>Selected Career</b><br>0-5 points   | Little or no evidence of knowledge   | Minimal evidence of knowledge   | of knowledge   | Knowledge of selected career is evident but not shared in presentation                    | Knowledge of selected career is evident and shared at times in presentation | Knowledge of selected<br>career is evident and<br>incorporated throughout<br>the presentation                                      |  |
| Relationship of  | 0  | 1   | 2  | 3   | 4   | 5  |  |
| Family and<br>Consumer Sciences<br>Coursework and<br>Standards<br>0-5 points | No evidence of relationship between career and FCS   | Minimal evidence of<br>career knowledge<br>and FCS coursework<br>relationship                                       | Some knowledge of<br>relationship of<br>career and FCS<br>coursework         | Knowledge of career<br>and FCS coursework<br>but not shared                               | Knowledge of career<br>and relationship to<br>FCS is evident and<br>shared  | Knowledge of career<br>and FCS relationship is<br>evident and explained<br>well  |  |
| Use of Portfolio and   | 0  | 1   | 2  | 3   | 4   | 5  |  |
| Visuals during<br>Presentation<br>0-5 points                                 | Portfolio and visuals<br>not used during<br>presentation   | Portfolio and visuals used to limit amount of speaking time   | Portfolio and visuals used minimally during presentation                     | Portfolio and visuals<br>incorporated<br>throughout<br>presentation                       | Portfolio and visuals<br>used effectively<br>throughout<br>presentation     | Presentation moves<br>seamlessly between<br>oral presentation,<br>portfolio and visuals  |  |
| Voice – pitch,   | 0  |   | 1  | 2   | '   | 3  |  |
| <b>tempo, volume</b><br>0-3 points   | Voice qualities not used<br>effectively  | Voice quali   | ty is adequate   | Voice quality is good, improve  | but could Voice que pleasing  | uality is outstanding and  |  |
| Body Language/<br>Clothing Choice<br>0-3 points                              | Uses inappropriate gest posture or mannerisms, eye contact/inappropriaclothing                         | avoids and eye co   | 1<br>osture, mannerisms<br>ntact is inconsistent/<br>appropriate             | Gestures, posture, m<br>eye contact, and clot<br>appropriate                              | ,   | 3<br>s, posture, mannerisms,<br>tact, and clothing enhance<br>ation  |  |
| Grammar/Word   | 0  |   | 1  | 2   |   | 3  |  |
| Usage/<br>Pronunciation<br>0-3 points  | Extensive (more than 5) grammatical and pronunerrors   |   | grammatical and on errors  | Few (1-2) grammatica<br>pronunciation errors  |   | ation has no grammatical<br>unciation errors   |  |
| Responses to   | 0  | 1   | 2  | 3   | 4   | 5  |  |
| Evaluators'<br>Questions<br>0-5 points                                       | Did not answer<br>evaluators'<br>questions   | Unable to answer some questions   | Responded to all questions but without ease or accuracy                      | Responded<br>adequately to all<br>questions   | Gave appropriate responses to evaluators' questions                         | Responses to<br>questions were<br>appropriate and given<br>without hesitation  |  |

| •  | CITOIS  |   |  |  |   |  |  |
|--|---|---|--|--|---|--|--|
| Responses to<br>Evaluators'<br>Questions<br>0-5 points | <b>0</b> Did not answer evaluators' questions | 1<br>Unable to answer<br>some questions | Responded to all<br>questions but<br>without ease or<br>accuracy | 3<br>Responded<br>adequately to all<br>questions     | 4<br>Gave appropriate<br>responses to<br>evaluators'<br>questions | 5<br>Responses to<br>questions were<br>appropriate and given<br>without hesitation |  |
|  | ments – include tw                            | •                                       |  | Evaluator #<br>Evaluator Initial<br>nsultant Initial | (90 point   | TOTAL<br>ts possible)  |  |



# TEACH AND TRAIN—Level 2 and Level 3

# Rubric

| Name of Participant |       |        |           |       |
|---------------------|-------|--------|-----------|-------|
|                     |       |        |           |       |
| Chapter             | State | Team # | Station # | Level |

| Спарсеі   |  |  |  |  | Stat   | ion # Level  |        |
|---|--|--|--|--|--|--|--------|
| PORTFOLIO   |  |  |  |  |  |  | Points |
| FCCLA Planning Process Summary Page 0-5 points              | <b>0</b> Planning Process summary not provided   | 1<br>Inadequate steps in<br>the Planning Process<br>are presented  | 2<br>All Planning Process<br>steps are presented<br>but not summarized               | <b>3</b> All Planning Process steps are summarized   | 4 Evidence that the Planning Process was utilized to plan project  | 5 The Planning Process is used to plan the project. Each step is fully explained   |        |
| Career Exploration<br>0–5 points                            | <b>0</b><br>Not included                         | 1<br>Research is not<br>current, and missing<br>more than 3 topics   | Research is current<br>but from unreliable<br>sources, missing 1—<br>required topics | ,, ,   | 4: Research is current, appropriate for topic; from reliable sources   | 5  |        |
| Self-Assessment<br>0–5 points                               | <b>0</b><br>Not included                         | 1<br>Missing analysis of learning<br>or thinking styles,<br>personality traits analysis,<br>and no career value stated | Z G Covers areas of self assessment with limited information                         | addresses all areas  | 4 Examined personal interests in detail, states career value, and analyzed styles  | 5 Examined personal interests in detail, clearly states career value, and analyzed styles  |        |
| Lesson/Workshop<br>Plan: <b>Planning</b><br>0–5 points      | O<br>Shows no<br>evidence of<br>advance planning | consideration for audience members   | objective and shows<br>an adequate<br>understanding of the<br>audience               | Relation includes an objective, uses predictable teaching methods, and shows understanding of the audience                             | 4 Plan includes an objective and predictable teaching methods, shows understanding of audience, and indicates a connection to curriculum                       | Flan includes an objective and varied teaching methods, shows understanding of the audience, and completely connects the lesson to curriculum, describes desired outcomes  |        |
| Lesson/ Workshop<br>Plan: <b>Organization</b><br>0–5 points | <b>O</b><br>Shows no<br>organization             | an introduction and/or<br>conclusion and content<br>is difficult to follow   | adequate<br>introduction and<br>conclusion with<br>unorganized content               | Plan includes a solid introduction and conclusion, but the content is somewhat unorganized. Includes some effort to include technology | 4 Plan follows a logical organization with a creative and effective introduction and conclusion. Includes an effective use of technology                       | Plan includes a creative, attention getting introduction, excellently placed content and activities, and a solid, effective conclusion. Shows superb effort to maintain audience attention and produce a high level of learning. Includes an effective use of technology |        |
| Lesson/Workshop<br>Plan: <b>Activity</b><br>0–5 points      | <b>0</b><br>No activity<br>included              | missing logistical and resource information. The activity is not creative or interesting and does not relate           | some logistical and<br>resource information.<br>The activity is not                  | 3<br>Activity plans include<br>adequate logistical<br>and resource<br>information. Activity<br>is interesting                          | Activity plans include<br>excellent logistical and<br>resource information.<br>The activity(s) is<br>interesting and<br>beneficial to most<br>audience members | Activity plans include logistical information and an extensive list of resources. Activity(s) is creative, interesting and enhances the quality of the lesson. All audience members would benefit from the activity  |        |
| Lesson/ Workshop<br>Plan:<br><b>Follow Up</b><br>0–5 points | <b>0</b><br>No follow up<br>was done             | inadequately stated. An evaluation method was used, but results are not presented                                      | inadequately<br>stated. An<br>evaluation method<br>was used, but<br>results are not  | 3 Outcomes are measurable and complete. A single evaluation method was used and results are explained                                  | 4 Outcomes are measurable, complete and thoughtfully done. Multiple evaluation methods were used and results are explained well                                | 5 Outcomes are measurable, complete and thoughtfully done. Multiple evaluation methods were used and results explained well. Plans to improve the lesson/workshop are included   |        |
| Evidence of Prior<br>Presentation<br>0–5 points             | <b>0</b><br>No prior<br>presentation<br>done     | 1 Participation indicates that the lesson/workshop plan was presented but shows no evidence of the prior presentation  | 2<br>Minimal evidence<br>of prior<br>presentation of the<br>lesson/workshop<br>plan  | 3<br>Extensive evidence<br>of prior<br>presentation of the<br>lesson/workshop<br>plan  | 4<br>Extensive evidence of<br>prior presentation of<br>the lesson/workshop<br>plan. Some outcomes<br>are listed  | 5 Extensive evidence of prior presentation of the lesson/workshop plan. Outcomes are listed and methods of improvement are indicated   |        |

# Teach and Train—Level 2 and Level 3 Rubric (continued)

Points

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|--|--|---|---|---|--|--|--------------------------|---|--|
|  | ortunities for improv  | _   |   | tor Initial                                   |  |  |                          | TOTAL   |  |
| valuator's Comm  | ents – include two t   | hings done  | Evalua  | tor#  |  |  |                          |   |  |
| Evaluators' Questions 0-5 points                                     | Did not answer<br>evaluators'<br>questions   | Unable to answer some questions   | Responded to all questions but without ease or accuracy                   | Respo<br>adequ<br>questi                      | nded<br>ately to all   | Gave appropress to evaluators' questions                         |                          | Responses to questions were appropriate and given without hesitation                                  |  |
| Usage/<br>Pronunciation<br>0-3 points<br>Responses to                | Extensive (more than 5) and pronunciation errors   | , ,   | •   |   | -2) grammatic<br>nciation errors                                     |  |                          | tion has no grammatical nciation errors   |  |
| Clothing Choice/Voice 0-3 points Grammar/Word                        | Uses inappropriate gest posture or mannerisms, contact/inappropriate c voice qualities not effec | avoids eye and eye colothing, clothing is a                                 | oosture, mannerisms<br>ntact is inconsistent/<br>appropriate, voice       | eye co  | res, posture, m<br>ntact, and clot<br>priate, voice qu               | thing are uality is good   | eye conta<br>enhance     | , posture, mannerisms,<br>act, and clothing<br>presentation, voice<br>outstanding                     |  |
| Body Language/   | 0  |   | 1   | preser  |  | presentation   | l .                      | portfolio and visuals 3   |  |
| /isuals during<br>Presentation<br>0-5 points                         | Portfolio and visuals<br>not used during<br>presentation   | Portfolio and visuals used to limit amount of speaking time                 | Portfolio and visuals used minimally during presentation                  | incorp  | lio and visuals<br>orated  | Portfolio and used effective throughout                          |                          | Presentation moves<br>seamlessly between<br>oral presentation,  |  |
| Standards<br>O-5 points<br>Use of Portfolio and                      | FCS  | relationship  | coursework  | Dut no  | 3  | shared   | it unu                   | well 5  |  |
| Relationship of<br>Family and<br>Consumer Sciences<br>Coursework and | 0<br>No evidence of<br>relationship<br>between career and  | 1<br>Minimal evidence of<br>career knowledge and<br>FCS coursework          | Some knowledge of relationship of career and FCS                          | and FC  | <b>3</b><br>edge of career<br>S coursework<br>t shared               | Knowledge of and relations FCS is evider                         | ship to                  | 5 Knowledge of career and FCS relationship is evident and explained                                   |  |
| Selected Career<br>0-5 points  | Little or no evidence of knowledge   | Minimal evidence of knowledge   | Some evidence<br>of knowledge   |   | of selected<br>vident but<br>in<br>on                                | Knowledge of secareer is evident shared at times presentation    | t and                    | Knowledge of selected career is evident and incorporated throughout the presentation                  |  |
| Organization/ Delivery 0 – 10 points  Knowledge of                   | Presentation is not done or presented briefly and does not cover components of the project       | 1 2<br>Presentation covers<br>some topic elements                           | 3 4 Presentation covers all topic elements but with minimal information   | Preser<br>compl<br>inform<br>does n<br>projec | ation but<br>ot explain the  | 7<br>Presentation<br>information<br>completely k<br>not flow wel | ut does                  | 9 10 Presentation covers all relevant information with a seamless and logical delivery                |  |
| ORAL PRESENT   | TATION   |   |   |   |  |  | informati                | on  |  |
| Appearance<br>)—3 points   | O<br>Portfolio is illegible and<br>unorganized   | grammatic   | 1<br>neat, but may contair<br>al or spelling errors<br>nized poorly       | profes  | <b>2</b><br>lio is neat, legi<br>sional, with co<br>nar and spellin  | rrect<br>g   | grammar<br>effective     | 3<br>ible, professional, correct<br>and spelling used with<br>organization of                         |  |
| Works Cited/<br>Bibliography<br>0–3 points                           | <b>0</b><br>No resources listed  |   | 1<br>are incomplete, not<br>not reliable for                              |   | <b>2</b><br>le resources bi<br>see style sheet                       | )  | reliable r               | 3 e list of current and esources, in MLA or APA estyle sheet)   |  |
| Evidence of<br>Technology Used<br>0-4 points                         | No technology used in<br>lesson/workshop<br>planning or execution                                | Technology used to<br>develop or execute<br>lesson/workshop no<br>explained | Technology use<br>develop or exec<br>tesson/worksho<br>explained in po    | cute<br>op but not                            | Technology<br>techniques<br>develop or e<br>lesson/work<br>explained | and Tused to execute exshop are w                                | xecute le<br>xplained    | y used to develop or<br>sson/workshop was<br>thoroughly and materials<br>loped to document            |  |
| Experience<br>0-4 points   | No shadowing experience done   | Shadowing<br>experience was don<br>with a best practices<br>educator        | Shadowing expi<br>e done with a bes<br>s practices educa<br>documented mi | st<br>tor but is                              | Shadowing with a best educator is documented                         | experience Sh.<br>practices pra<br>ex:<br>d eff<br>fut           | actices ed<br>tensively. | experience with a best<br>lucator is documented<br>Participant indicates the<br>e experience on their |  |
| Shadowing  | 0  | 1   | 2   |   |  | 1  |                          | 4   |  |

| Evaluator's Comments – include two things done | Evaluator #             | Г                    |  |
|--|-------------------------|----------------------|--|
| well and two opportunities for improvement:    | Evaluator Initial       | TOTAL                |  |
|  |                         | (90 points possible) |  |
|  | Room Consultant Initial |                      |  |



# Career Exploration and Self-Assessment Summary Page Instructions

Career Exploration and Self-Assessment summary should not exceed 3 pages in length or 5 slides. Use this outline with these headings, in this order, when preparing Career Exploration and Self-Assessment summary pages. Answers to these questions may be comprehensive and include data and resources for the information.

### **CAREER EXPLORATION (2 pages maximum):**

- 1. What education path and qualifications are necessary for a career in the education/training field in which you are interested?
- 2. Please list a sample job description for your ideal education/training career.
- 3. What skills are needed for this career?
- 4. What is the current and future job outlook for this career?
- 5. Mentorship is a big component in education/training job sustainability. Who could be a mentor to you and what other measures could you take to ensure a long, enjoyable, and successful career?
- 6. What are the entry-level positions and opportunities for professional advancements in this career field?

### **SELF ASSESSMENT (1 page maximum):**

- 1. Why are you personally interested in this career?
- 2. What personal skills and learning style do you have that indicate that you might be suited for this career choice?
- 3. Describe what appeals to you about a career in education or training?
- 4. What other aspects of your self-assessment have you considered?



# Shadowing Reflection Summary Instructions Level 2 and Level 3

Write a reflection on the shadowing experience of a *best practices* teacher or a corporate trainer. The Shadowing Reflection Summary should not exceed 3 pages in length or 5 slides. Use this outline in this order. Include this in the electronic or hardcopy portfolio.

I. Describe the shadowing experience, where, when, length of shadowing, why you chose this person to shadow, and the setting and classrooms or trainings sessions you observed.

### II. Observations:

- 1. What observations did you make about room management techniques?
- 2. What observations did you make about the content/curriculum being taught?
- 3. How did the teacher or trainer manage the lesson?
- 4. What evidence did you see of planning?
- 5. Discuss with the teacher/ trainer the following.
- The school's or organization's mission statement
  - · The curriculum standards or guidelines.
  - · The career of teaching/ training.
  - Maintaining a professional motivation for the career.
  - Their "best advice" to a new teacher/ trainer or a potential teacher/trainer.
  - Why did they choose the presentation strategies methods that were used?
  - How did they choose the activities?
  - How did they accommodate diverse learning styles, or accommodations needed, learning styles, language, cultural values, and ethical standards of teaching/ training?
- 6. Include other applicable observations.



# Lesson/Workshop Plan

Use this template, in the order given, when preparing lesson/workshop plan. Plan may not exceed 3 pages or 4 slides in length.

| Grade Level:  Timeframe:  FCCLA National Program(s) Integration (if applicable):   |
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| FCCLA National Program(s) Integration (if applicable):   |
|  |
|  |
| FCCLA Competitive Event (STAR Event, Skill Demonstration Event, FCCLA/LifeSmarts Knowledge Bowl, Knowledge Matters) Integration (if applicable): |
| iviatters) integration (ii applicable).  |
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| Learning Objectives:   |
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| National Family and Consumer Sciences Standards (or others as appropriate):  |
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| Career Readiness Practices (Select all that apply):  |
| <ul> <li>Act as a responsible and contributing citizen and employee</li> </ul>   |
| <ul> <li>Apply appropriate academic and technical skills</li> </ul>  |
| <ul> <li>Attend to personal health and financial well-being</li> </ul>   |
| <ul> <li>Communicate clearly and effectively and with reason</li> </ul>  |
| <ul> <li>Consider the environmental, social and economic impacts of decisions</li> </ul>   |
| <ul> <li>Demonstrate creativity and innovation</li> </ul>  |
| <ul> <li>Employ valid and reliable research strategies</li> </ul>  |
| <ul> <li>Utilize critical thinking to make sense of problems and persevere in solving them</li> </ul>  |
| <ul> <li>Model integrity, ethical leadership and effective management</li> </ul>   |
| <ul> <li>Plan education and career paths aligned to personal goals</li> </ul>  |
| <ul> <li>Use technology to enhance productivity</li> </ul>   |
| <ul> <li>Work productively in teams while using cultural global competence</li> </ul>  |

FCCLA Lesson Plan Template, continued

| Materials Needed:            |
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| Instructional Strategies:    |
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| Activity 1:                  |
| Activity 1 Timeframe:        |
| Activity 1 Materials Needed: |
| Directions:                  |
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| Activity 2:                  |
| Activity 2 Timeframe:        |
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| Activity 2 Materials:        |
| Directions:                  |
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| Activity 3:                  |
| Activity 3 Timeframe:        |
| Activity 3 Materials Needed: |
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| Directions:                  |
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| <b>Assessment</b> (ex. journal, rubric, test, portfolio, observation, formative, summative, pre/post test, etc): |  |
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| Other Resources (ex. graphic organizer, handouts, PowerPoint presentation, etc.):                                |  |
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| Source (If Applicable: cite any published or copyrighted materials used in this lesson plan):                    |  |
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| Additional Notes:  |  |
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